



travelplan

ASHFIELD PARK
ELMSWELL

WHY A TRAVEL INFORMATION PACK?

This travel information pack aims to provide you with information on your local travel choices. Replacing short trips by car with walking or cycling can improve health as well as reduce the impact of cars on the environment.

What is a Travel Plan?



NEW residential development is required to have a Travel Plan which promotes and monitors sustainable travel used by residents. This travel information pack provides you with details of your local walking, cycling and public transport services, as well as information on local amenities in your neighbourhood. We want as many residents as possible to try and reduce their car use, and instead walk, cycle, car share and use public transport which are great alternatives particularly for those short journey purposes.

What are the benefits of a Travel Plan



Cars create pollution and this can affect our health. If we reduce car use it will be BETTER for us and the environment in which we LIVE. Simple choices and small changes will HELP reduce congestion and pollution. A Travel Plan aims to encourage individuals to think about and try out alternatives to car travel. The benefits include:

- Reduced pollution and congestion
- Improved health and wellbeing
- Improved accessibility to local services
- Reduced travel costs

Ashfield Park residents... Did you know?

- You can claim a cycle voucher or a FREE two month bus taster ticket on service 384/385 plus any Stephenson's of Essex services
- You can get personalised journey planning
- You can get FREE adult, child and family cycle 'Bike Ability' training
- You can get information on sustainable travel opportunities & events

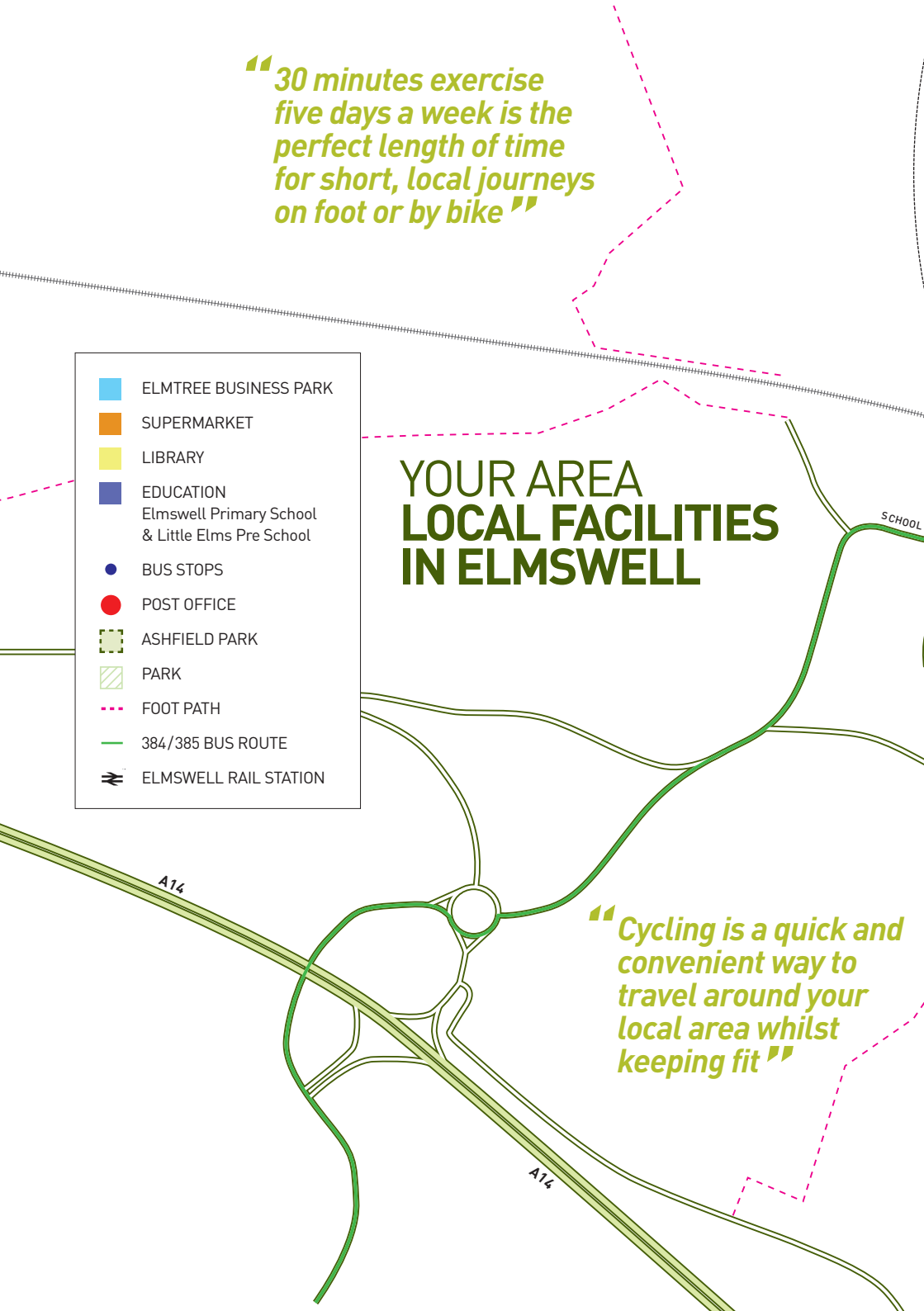
For more information please contact us at travelplan@cannon.co.uk

“30 minutes exercise five days a week is the perfect length of time for short, local journeys on foot or by bike”

- ELMTREE BUSINESS PARK
- SUPERMARKET
- LIBRARY
- EDUCATION
Elmswell Primary School & Little Elms Pre School
- BUS STOPS
- POST OFFICE
- ASHFIELD PARK
- PARK
- FOOT PATH
- 384/385 BUS ROUTE
- ELMSWELL RAIL STATION

YOUR AREA LOCAL FACILITIES IN ELMSWELL

“Cycling is a quick and convenient way to travel around your local area whilst keeping fit”





400m
5 minute walk
1 minute cycle

800m
10 minute walk
2 minute cycle

1200m
15 minute walk
3 minute cycle

ASHFIELD
PARK

ELMSWELL

ASHFIELD ROAD
STATION ROAD

NEW ROAD
CROOK'S ROAD

BENNETT AVE.

CROSS STREET

WETHERDEN ROAD

CHURCH RD

WARREN LANE



Walking

A healthy and sustainable way to access many local amenities within walking distance of your house. Visit

www.thewaytosuffolk.org.uk for advice, discounts and resources to help promote walking, as well as where to find outdoor adventures near you.

Cycling

A quick and convenient way to travel around your local area whilst keeping fit.

Plan your cycle journey at www.cyclestreets.net and at www.suffolkonboard.com/cycle

Did you know, with the **Cycle 2 Work Scheme** you could save between 25-46% on cycle purchases and equipment? Ideal for that sustainable commute and leaving the car at home. Why not ask your employer for further details?

Also, SCC offer FREE cycle '**Bike Ability**' training for adults, families and children. Contact travelplan@cannonce.co.uk for full details.

In 2020, of daily trips undertaken, 71% were short journeys between 1-5 miles.

Leaving the car at home could save £100 a year just on fuel!

Public Transport

Bus service 384/385 stops on School Road and provides five services, Mon-Fri, between Bury St Edmunds, Stowmarket and Stowupland. For timetables, maps and ticket information please visit www.suffolkonboard.com or www.stephensonsofsex.com

Apply for an **Endeavour Card** for 25% off tickets for 16-19 year olds.



Download the **myTrip** app

School Services

Mulleys Motorways Service 164 provides weekday access between Elmswell, Beyton Sixth form and Thurston Community College. For school bus travel please visit: www.suffolkonboard.com/school-travel/school-bus-timetables/tn-thurston

Bus Journey Times

Elmswell to Stowmarket 6 minutes
Elmswell to Stowupland 41 minutes
Elmswell to Thurston Community College 21 minutes

Rail Travel

Elmswell rail station is within a 10 minute walk of Ashfield Park. Access hourly services to Ipswich, Bury-St Edmunds, Cambridge and wider services to Peterborough and London Liverpool St.

Did you know...

Children aged five to fifteen inclusive get a 50% discount on most rail tickets. In addition, children under five can travel FREE with a fare paying passenger. Railcards provide excellent savings and with multiple discounts available find out how you can save at www.railcard.co.uk

Suffolk Car Share

Commuters typically save over £1,000 a year by car sharing. Join today, share a car and save money! It's simple, quick and FREE. To find your perfect travel partner visit www.suffolkcarshare.com

Working from Home

Working from Home is one way you could reduce car use and save money! How have your working habits changed recently? We would be interested to know? Why not get in touch and email us at travelplan@cannonce.co.uk

Travel Survey

We would love to hear from you to understand your current travel needs and requirements please contact us at travelplan@cannonce.co.uk

Eco Driving

Here are six eco-driving tips that can really make a difference:

1. Service your car regularly to maintain engine efficiency.
2. Check your tyre pressures regularly (and before long journeys), under-inflated tyres use more fuel as they increase rolling resistance.
3. Lose any unnecessary baggage, extra weight means extra fuel.
4. Combine short trips; cold starts use more fuel so it pays to combine your errands.
5. Drive smoothly, accelerate gently and read the road ahead to avoid unnecessary braking.
6. Switch off the engine when in traffic.

Vouchers

Have you claimed your Voucher?

Matthew Homes are offering each household a **FREE BUS TASTER TICKET** or **CYCLE VOUCHER**.

The Bus Taster Ticket entitles a member of your household to two months free travel on any local bus services operated by Stephenson's of Essex. Why not give the bus a go and try it out for a journey you would normally undertake by car?

Alternatively you can claim a Cycle Voucher to be used at a designated local cycle shop. The cycle voucher can be redeemed in store towards a bicycle or used to purchase a bicycle service or any cycling accessories.

To claim your free bus or cycle voucher simply email travelplan@cannonce.co.uk

Useful Apps



Bus Checker



National Rail

Useful Links

www.discoversuffolk.org.uk
www.onelifesuffolk.co.uk
www.livingstreets.org.uk

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CONSULTING ENGINEERS
Highways, Transport & Infrastructure Planning

The logo for Matthew Homes, consisting of a stylized red and grey 'M' shape.

Matthew Homes

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